



TABS CODE OF CONDUCT FOR MEMBER SCHEMES

1. INTRODUCTION

This code of conduct sets out the central purpose, underpinning principles and good practices that all member schemes of **The Association of Bikeability Schemes** affirm in order to improve the effectiveness and quality of delivery and secure the best outcomes for trainees, families, schools, commissioners and Government.

2. PURPOSE

Effective, high-quality Bikeability delivery gets more people cycling more often with less risk, breaking down some of the biggest barriers to cycling and enabling cycling to become a normal, everyday activity.

3. PRINCIPLES

Effective, high-quality Bikeability delivery is underpinned by the following principles:

1. **Realistic** – training takes place in environments where real cycling occurs
2. **Empowering** – training empowers trainees' independent decision making
3. **Positive** – training is a positive and enjoyable experience for all
4. **Progressive** – trainees are enabled to progress in every training session
5. **Trainee led** – training addresses trainees' individual needs and aspirations
6. **Outcome orientated** – trainees are assessed on the achievement of outcomes
7. **Continuous assessment** – trainees are given sufficient opportunity to demonstrate outcomes consistently, competently and confidently.

4. GOOD PRACTICE

Effective, high-quality Bikeability delivery results from all instructors learning from and improving on the following good practices:

PRACTICAL TRAINING

- Instructors deliver outcomes fully and in a logical and progressive order
- Instructors involve trainees in active peer observation and feedback
- Instructors differentiate when training mixed ability groups
- Instructors provide constructive feedback that enables progression
- Instructors record progression and achievement accurately.

SCHEME MANAGEMENT

- Training is delivered to National Standards training ratios and timings
- External Assurance report recommendations are implemented
- A structured approach to Internal Assurance is adopted
- Annual instructor continuing professional development is delivered
- Good document management and control are maintained.

5. SOURCES

The National Standard for Cycle Training (Department for Transport, March 2013)

External Assurance: Review of Good Practice (Steer Davies Gleave, September 2013)