



THE ASSOCIATION OF BIKEABILITY SCHEMES

www.tabs-uk.org.uk

TABS MEMBERS UPDATE – MAY 2014

1. ANNUAL BIKEABILITY CONFERENCE 2014

Thank you to all delegates and speakers at this year's annual Bikeability conference 2014 – your attendance and contribution was essential to the overall success of the event. The conference took place on **Thursday 15th May 2014** at Carrs Lane Centre, Birmingham, with a welcome video address by Robert Goodwill MP. There were 146 delegates, representing a total of 100 Bikeability schemes and associated organisations.

TABS is in the process of collating the feedback into a report and uploading notes from the Buzz Groups / Workshops onto TABS Microcosm site for on-going discussion. A separate email will follow to all members in due course with further information / feedback and evaluation.



Bikeability Conference 2014 – Raffle prize winners

2. CAMPAIGNING & NETWORKING

TfL and Stay Back Stickers

In February 2014 TABS joined the Road Danger Reduction Forum, London Cycling Campaign; the CTC and RoadPeace – we [came together to explain our concerns to, and ask for action from, Transport for London](#). A couple of weeks ago we received a reply from TfL (see below). Because we think that this reply misunderstood the basis of our concerns, our organisations replied, repeating the concerns and suggesting ways forward.

<http://rdrf.org.uk/2014/04/30/inadequate-reply-from-tfl-over-cyclists-stay-back-stickers/>

Sustrans – Make the School Run Safer

Sustrans launched a new campaign on 12th May to make the school run safer. **They want every child to be able to make the journey to school by bike, scooter or foot.** To make this vision a reality they are asking for:

- **20mph default speed limits across built up areas** – makes everyone’s route safer
- **Dedicated funding for active travel** – provides the resources needed to transform routes and invest in walking and cycling at the local level
- **Stronger duties and incentives** on Local Authorities to develop routes and promote cycling and walking.

The website is now live: www.sustrans.org.uk/safetoschool and the official hashtag is #SafeToSchool

They need to gain the support of MPs and are inviting organisations to write to their MP asking them to support the campaign. Please do share the campaign with your audience and encourage them to write to their MP: www.sustrans.org.uk/safetoschool

You could also share details of the campaign with your community online. For instance the following story:

Children's lives at risk: 41% of parents say their child has experienced a 'near miss' on the school run: <http://www.sustrans.org.uk/news/childrens-lives-risk-41-parents-say-their-child-has-experienced-near-miss-he-school-run>

Or....write to your MP for a safer school run: www.sustrans.org.uk/safetoschool . You can also find additional resources including posters, infographics and lots more on the website:

www.sustrans.org.uk/safetoschool/resources

The campaign is being covered in the media by BBC, ITV, the Telegraph and Times and many more.



Meetings

- Earlier this month the DfT wrote about TABS in general update to Cycle Training Standards Board members
- TABS has regular catch up meetings every 2 months with Steer Davies Gleeve (SDG) and will also be meeting with the DfT on 9th June. **If you have any issues that you would like TABS to raise with SDG and the DfT at their next meetings, please send them through to isobel@tabs-uk.org.uk**

Don't forget: If you have any campaigns, meetings, news that you'd like to share please contact us. And TABS forum has a place for you to discuss issues around [cycling training, policy and safety issues](#)

3. Research

Adrian Davis, cycling and health expert has concluded, from a review of evidence relevant to cycling and walking that “Cycle training is valuable in terms of cycling safety. However, other strategies are needed when promoting cycling to school such as that any training should focus more on real cycling experiences, so that children are able to deal with traffic on school journeys, and on providing educational support to ensure safe

journeys to school.” His offering of ‘Essential Evidence’ is available here at www.travelwest.info/evidence - 1-page summaries of evidence relevant to cycling and walking.

TABS Board member, Michael Frearson is also working on compiling further detailed evidence.

Update on TABS 2014 School Travel Survey

So far the survey has been completed by 1,158 Year 5 and Year 6 pupils in 8 local authority areas across England. Fieldwork has been extended to the end of the summer term to accommodate late interest from schemes attending the TABS conference. **If other TABS members would like schools in their area to participate, please email Michael Frearson (michael@tabs-uk.org.uk) ASAP with contact details and postcodes for schools which have completed ONLY Year 6 training at anytime since September 2013. TABS will then invite the schools to join the survey.**

Don't forget: To follow up, with more detail on any aspects of membership services please contact: isobel@tabs-uk.org.uk

4. Training / quality improvement

Courses available:

1. <http://www.pedalready.co.uk/category/nsi-training/>
2. training@lifecycleuk.org.uk (Jacqui Wilcox) offers the following: How to Teach Beginners; Guided Ride Training- *moving groups*; Teaching Level 1 Skills - *more games and exercises*; NSI Refresher Teaching Level 1,2 and 3 skills; Ride Leader Training; Managing Behaviour during Schools Bikeability Training

Don't forget: if you have any thoughts on training requirements etc. please contact: isobel@tabs-uk.org.uk

5. Membership

NEW MEMBERS

As of the 18th May 2014 TABS currently has 94 members for the 2014/15 season, plus a further 11 organisations currently in the process of joining. Of the existing members 28 are new this year – welcome! A full list of current TABS members is available on the [TABS membership page](#).

There are still quite a few schemes that were members last year that have not yet renewed their membership – if you are one of these schemes PLEASE do! **NB** we will be updating the mailing list for next month's newsletter to only include current 2014/15 TABS members and supporters. If you decide that you are not going to renew your membership in 2014 it would be really helpful if you could contact isobel@tabs-uk.org.uk to explain, in brief, why you haven't joined – this information will be very valuable to help us improve the service we provide for members.

New members:

We are delighted to welcome the following new TABS members which have joined in May:

1. **Get Active in the Forest, Rosliston Forest Centre** - For more information about the courses delivered on behalf of South Derbyshire District Council:
[http://www.southderbys.gov.uk/leisure culture and tourism/sport and health/get active in the forest/bikeability/default.asp](http://www.southderbys.gov.uk/leisure%20culture%20and%20tourism/sport%20and%20health/get%20active%20in%20the%20forest/bikeability/default.asp)

2. **Ride Revolution** - For more information: <http://www.riderevolution.co.uk/>
3. **GTRCC** - For more information: <http://guidedtrailridesandcyclecourses.com/id1.html>
4. **South Ribble Borough Council** - For more information: <http://southribblepartnership.org.uk/our-work/what-were-up-to/cycle-south-ribble/>
5. **Sporting NRG** - For more information: <http://www.sportingnrg.com/#!bikeability/c11oc>
6. **Cycletastic** - For more information: <http://cycletastic.org.uk/>
7. **Blackpool Council** – For more information: <http://www.blackpool.gov.uk/Residents/Parking-roads-and-transport/Transport/Cycling-and-walking/Whats-available.aspx>
8. **Hackney Council** – For more information: <http://www.hackney.gov.uk/stp-cycling.htm#.U3jZYyY-8A>
9. **Warrington Council** – For more information: http://www.warrington.gov.uk/news/article/101/bikeability_training_is_back
10. **Spokes Cycling Instruction** – For more information: <http://www.spokesci.com/>

Member News:

Southend Council have manipulated a Level 2 Bikeability course to fit in with the Edexcel GCSE in Physical Education, meaning they can access year 10 & 11 students who would usually be unlikely to take up cycle training. All the Level 2 outcomes are covered in the GCSE course with a few additional points to fit in with the GCSE requirement.

They have added a small element of route planning, a bike check sheet to name the parts of the bike, additional road signs and a 26 question test. The students achieve their Bikeability Level 2 certificate as well as using this as one of the practical's for their GCSE coursework. They have had several successful groups come through the course.

For further questions, comments please contact: CarolynHutcheon@southend.gov.uk



One of the groups taken in January from Belfairs High School in Leigh-on-Sea.

Please do continue to send in information about any achievements, successes, challenges, case studies you've experienced so we can share this with other members.

Don't forget: If you want other colleagues to receive this newsletter directly send their email address(es) to: isobel@tabs.co.uk

11. TABS Forum

As mentioned in Item 1 notes from the Annual Conference will be posted on the Forum shortly. Some notes from the workshop/buzz group sessions are already available there.

[Click here to link through to the site](#) and take a look at the discussion topics and contribute to the debate.

Don't forget: do let all your instructors that the forum is there for them to ask questions, generate debate around Bikeability issues. And if you send Isobel (isobel@tabs-uk.org.uk) their emails we will send them an invite to join along with log-in details.

12. PR/Marketing

Some recent stories about Bikeability in the news:

[Thousands of youngsters engage with Bikeability courses in Leeds](#)

<http://www.haverhillecho.co.uk/news/latest-news/police-encourage-safety-on-two-wheels-1-6044290>

[Students improve their cycling skills](#)

<http://www.scotsman.com/news/transport/4-5m-funding-for-cycling-scotland-youth-projects-1-3388635>

<http://www.bikebiz.com/news/read/jyrobike-study-suggests-28-of-adults-haven-t-cycled-since-childhood/016276>

http://www.thetimes.co.uk/tto/public/cyclesafety/article4096477.ece?CMP=OTH-gnws-standard-2014_05_21

Don't forget: TABS forum has a place for you to discuss issues around [Marketing & Promotion](#)

13. AOB

Dates to note:

- TABS/DfT catch up meeting – 9th June, 2014
- TABS / SDG catch up meeting – mid July 2014 – date tbc
- TABS Board meeting & ITO Group meeting: Tuesday 16th Sept, 2014 – hosted by British Cycling at their offices in Manchester
- TABS Board meeting: Thursday 11th December (10.30am – 1pm), hosted by Cycle Training UK at their offices in south London.

Do use Twitter to share your thoughts: **@TABSBikeability**

If you have anything you would like included in the JUNE newsletter (for example, special achievements, news items, training events, topics for discussion) please contact: isobel@tabs-uk.org.uk **by Friday 13th June 2014.**

If you would like to either **unsubscribe** from this mailing list, or would like to suggest other contacts to receive it please contact: isobel@tabs-uk.org.uk If you would like a pdf copy sent please also ask.

And, of course, any comments or queries please do get in touch. Thank you.

Isobel Stoddart (*Development Manager, TABS*)

23rd May 2014