



THE ASSOCIATION OF BIKEABILITY SCHEMES

www.tabs-uk.org.uk

TABS MEMBERS UPDATE – JUNE 2014

1. ANNUAL BIKEABILITY CONFERENCE 2014 – OUTCOMES

A report on the 2014 conference is now available on the TABS website – [click here](#). This includes a summary of the survey feedback from participants, recommendations for 2015, and notes from the workshops/Buzz Groups.

New 'threads' have been posted on the Forum site as well, to enable on-going discussion on workshop / Buzz Group topics – you can view them on the **Discussions page** - <https://tabs.microco.sm/>

Liz Hart, Darlington is trying to track down the organisation/person that was looking for schemes to volunteer to trial balanceability sessions. If this was you can you please contact her: liz.hart@darlington.gov.uk

If you have any further thoughts about the conference having read the report please contact: isobel@tabs-uk.org.uk

And, just to confirm, as there have been several emails on the subject post conference: Bikeability funding will continue until April 2016.

2. CAMPAIGNING & NETWORKING

Campaign for Safer Streets – update

More than 2,200 people have already written to their MP to support Sustrans campaign. There has been lots of great media coverage, social media activity and blogging happening. This is making a real difference – 29 parliamentary champions are now backing the campaign, helping to promote the political and policy change we all want to see happen to give every child a safe school run.

There was a big push for the campaign during Bike to School too. Check out: www.sustrans.org.uk/biketoschoolweek and help make the school run safer #SafeToSchool

TfL Cycle Safety Action Plan

David Dansky, TABS Board member, recently attended the Cycle Safety Working Group at TfL. They are consulting on their Cycle Safety Action Plan. Please comment <https://tabs.microco.sm/conversations/1529/>

You may also be interested in London casualty statistics just released:

<https://www.tfl.gov.uk/info-for/media/press-releases/2014/june/casualties-on-london-s-roads-at-lowest-level-ever>

Keep Back Stickers, London – update

Local Transport Today published an article about TfL's Keep Back sticker campaign – [click here for the story](#).

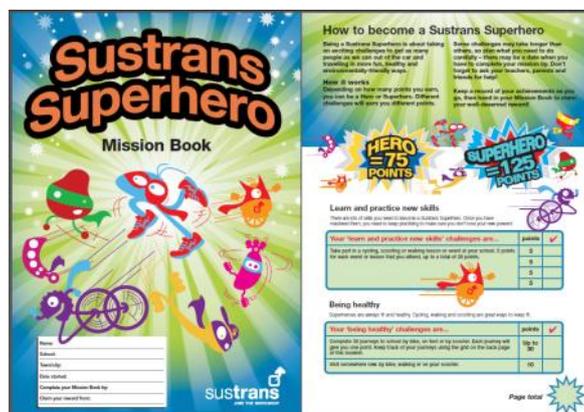
Superheroes – individual award scheme

Throughout June and July Sustrans will be providing a free pack of Superhero resources to the first 300 schools to apply at www.sustrans.org.uk/superheroes. Sustrans' Superheroes is an individual award scheme recognising pupils' skills and achievements in walking, scooting and cycling. Aimed at 7- to 11-year-olds, pupils gain points for activities they complete to become either a Sustrans Hero or Superhero.

Based on a booklet of activities, the scheme provides the structure and inspiration for children to learn and practice the skills essential for fun, safe and sustained active travel to school and for other journeys. The booklet is split into four sections – Learn and practice new skills, Being healthy, Staying safe and Helping others. Once they have become a Hero or Superhero, pupils are rewarded with a certificate and a choice of stickers and badges.

All schools in the UK are eligible to apply. Sustrans' Superheroes resources will soon be available for schools and local authorities to purchase direct from Sustrans. Further details are available at www.sustrans.org.uk/superheroes or via: youngpeople@sustrans.org.uk / 0117 915 0100.

Sustrans would be delighted if TABS members could circulate information about this offer to schools in their area.



Superhero Mission book extract

Meetings

- TABS directors, David Dansky, Michael Frearson and David Shannon attended Hackney Cycling Conference earlier this month. Following Mary Creagh MP (Shadow Secretary of State for Transport) talking about her cycling experiences on the road, TABS will be inviting her to participate in Bikeability training.
- TABS has been invited to attend the next Cycling Stakeholder Forum, hosted at DfT by Robert Goodwill MP on 24th June. Items for discussion include the Cycling Delivery Plan. TABS will feedback on the discussions in the July newsletter.
- TABS had a productive meeting with the DfT on June 9th. Amongst issues discussed were the 2014 conference and improvements for 2015 (included within the main conference report feedback), TABS workplan for the rest of this year (members will be consulted on these proposals shortly), and future implications for Bikeability with the forthcoming elections next May, and opportunities to raise the profile of TABS in communications with DfT stakeholders.

- TABS has regular catch up meetings every 2 months with Steer Davies Gleeve (SDG). The next meeting is scheduled for Monday 7th July. **If you have any issues that you would like TABS to raise with SDG and the DfT at their next meetings, please send them through to isobel@tabs-uk.org.uk**

Don't forget: If you have any campaigns, meetings, news that you'd like to share please contact us. And TABS forum has a place for you to discuss issues around [cycling training, policy and safety issues](#)

3. Research

Update on School Pupil Survey

The Bikeability School Travel Survey is currently being piloted in eight local authority areas. In January 2014, Bikeability schemes were invited to participate in the survey and by March six schemes had accepted. These schemes secured the agreement of nine local authorities and identified 206 schools in which Bikeability had been delivered only to Year 6 pupils during 2013/14 (for comparison with untrained Year 5 pupils). Of the 206 invited schools, 40 (19%) agreed to participate and pupil data was received from 23 schools (58% of the 40) by the end of May 2014 (one school plans to send data by the end of June). The 23 participating schools had a total of 3,173 pupils enrolled in Years 5 and 6, of whom 1,215 (38%) completed the survey by the end of May.

Descriptive cross-sectional analysis comparing cycling outcomes is being carried out at the moment, to report in September. Participating schools will receive a headline data report for their pupils. Initial results (presented at the Leeds Cycle City and TABS conferences in May 2014) are encouraging, and suggest trained children are more likely than untrained children to cycle more often, to cycle to school and elsewhere, on the road rather than the pavement, and to cycle with confidence. They also suggest that the single most important thing that would enhance their cycling experience is a new bike!

Don't forget: To follow up, with more detail on any aspects of membership services please contact: isobel@tabs-uk.org.uk

4. Training / quality improvement

Courses available:

- a. BikeRight! is offering the following CPD courses:
 - Monday 1st September - Pre Pedal module
 - Tuesday 2nd September - Video analysis of Level 3

For further info or to book people should contact petestaley@bikeright.co.uk or have a look at the following link http://www.bikeright.co.uk/services2/instructor_training/

- b. British Cycling is offering 2 public National Standard Instructor courses scheduled as follows:
 - July 17th - 20th, National Cycling Centre, Manchester - [book here](#)
 - September 25th - 28th, National Cycling Centre, Manchester - [book here](#)

Full details on the British Cycling website [here](#)

Don't forget: if you have any courses/training you would like to publicise, or thoughts on training requirements etc. please contact: isobel@tabs-uk.org.uk

5. Membership

NEW MEMBERS

TABS is delighted to welcome the following new members which have joined this month:

1. **Bath and North East Somerset** – For more information: <http://www.bathnes.gov.uk/services/streets-and-highway-maintenance/road-safety/education-training-and-publicity/cycle-training>
2. **Lincolnshire Council** – For more information: <http://www.lincolnshire.gov.uk/residents/transport-travel-and-roads/road-safety/bikeability-and-bikewise/>

Member News:

Bikeability instructors - Julie Bell and Julie Stone were praised as Ride Leaders of the Month for May by British Cycling for their ride leading in the Hull area: *“Julie and Julie have been doing an amazing job of getting the word of Sky Ride out in the area through their other work as Bikeability Instructors and through other social rides with schools they work with in the area. Below is just one of the fantastic pictures of a family ride at Spring Cottage Primary School in Hull that they organised. 52 children and parents plus staff from the school made for an awesome evening ride along the Hornsea Railway route. “*



Julie and Julie leading a SkyRide near Hull

Please do continue to send in information about any achievements, successes, challenges, case studies you've experienced so we can share this with other members. **If anyone has any particular good news stories from Bike Week 2014 activities, or has managed to train any more MPs please let us know!**

Don't forget: If you want other colleagues to receive this newsletter directly send their email address(es) to: isobel@tabs.co.uk

3. TABS Forum

NEW section on forum – RECRUITMENT OPPORTUNITIES

There is a new 'thread' on the Forum where people can publicise jobs & find work:

<https://tabs.microco.sm/microcosms/355/> **To note:** CTUK is currently recruiting and will be using this resource.

Watch this space! Quarterly the DfT will be responding to key topics posted on the Forum – so get your questions, requests on there for comment.

Don't forget: do let all your instructors that the forum is there for them to ask questions, generate debate around Bikeability issues. And if you send Isobel (isobel@tabs-uk.org.uk) their emails we will send them an invite to join along with log-in details.

4. PR/Marketing

Request for good images

TABS are always after good Bikeability images – if you've any you're happy to share please email them to: isobel@tabs-uk.org.uk TABS will always credit the photographer/organisation.

In the meantime, check out the range of positive images and clips of children cycling in Cambridge, via Twitter: **@cyclewell**

Some recent stories about Bikeability in the news

<http://www.fifetoday.co.uk/what-s-on/leisure-time/on-yeer-bike-1-3431735>

<http://www.independent.co.uk/sport/cycling/the-wiggins-effect-twice-as-many-children-cycling-to-school-than-a-year-ago-9496016.html>

<http://www.bexhillobserver.net/news/local/training-scheme-sets-wheels-in-motion-for-safer-proficient-cycling-in-bexhill-1-6089001>

Don't forget: TABS forum has a place for you to discuss issues around [Marketing & Promotion](#)

5. AOB

Dates to note:

- DfT Cycling Stakeholder Forum – 24th June 2014
- TABS / SDG catch up meeting – 7th July 2014
- TABS Board meeting & ITO Group meeting: Tuesday 16th Sept, 2014 – hosted by British Cycling at their offices in Manchester
- TABS Board meeting: Thursday 11th December (10.30am – 1pm), hosted by Cycle Training UK at their offices in south London.

Do use Twitter to share your thoughts: **@TABSBikeability** If you have anything you would like included in the JUNE newsletter (for example, special achievements, news items, training events, topics for discussion) please contact: isobel@tabs-uk.org.uk **by Friday 11th July 2014.**

If you would like to either **unsubscribe** from this mailing list, or would like to suggest other contacts to receive it please contact: isobel@tabs-uk.org.uk If you would like a pdf copy sent please also ask. And, of course, any comments or queries please do get in touch. Thank you.

Isobel Stoddart (*Development Manager, TABS*)
17th June 2014