

## TABS MEMBERS UPDATE – SEPTEMBER 2014

### 1. TABS SUMMER/AUTUMN APPEAL: ‘Don’t stop Bikeability – it has changed our lives’

To date, TABS has been sent a range of feedback from people who have received Bikeability training – this is all available to download on [TABS website](http://www.tabs-uk.org.uk), along with a list of the 43 MP’s that schemes informed us had been contacted.

TABS will be following up with those MP’s that have responded, inviting them to raise the importance of Bikeability at a key Parliamentary debate on 16<sup>th</sup> October. This will discuss a motion relating to Progress on the All-Party Parliamentary Cycling Group’s Report ‘Get Britain Cycling’ (Members in charge: Ian Austin, Dr Julian Huppert, Steve Brine).

**We encourage you to contact your own MP and recommend they attend the debate on 16<sup>th</sup> October to promote Bikeability.** And if you’ve not already contacted your MP it is not too late – [click here to download a template letter/background](#)



*Some feedback provided to Cycle Experience!*

### 2. CAMPAIGNING & NETWORKING

**Transport Committee report into Road Safety:** TABS Chair, Phillip Darnton wrote a letter to the Minister about the Transport Select Committee on Road Safety report at the start of September. He has a meeting scheduled with the Minister in October.

**Update on Sustrans’ Campaign for Safer Streets:** Three online videos were launched on 9<sup>th</sup> September, which highlight the concern that fewer children are walking and cycling to school than ever before. Enjoy viewing the quirky videos involving Peter Pan, Alice in Wonderland and the Wizard of Oz ‘team’ as they start their journey to school at: <http://www.sustrans.org.uk/safetoschool/campaign-videos>

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## Meetings

TABS Director, Michael Frearson has been working closely with Transport for London and Cycling Scotland to recruit local authorities and schools to the 2014/15 Bikeability School Travel Survey'. By September, 40 local authorities had expressed interest in encouraging their schools to join the survey.

On 8<sup>th</sup> September Isobel, David and Phillip met with Joe Finlay's replacement at the DfT – Richard Mace. Richard was updated on TABS activities, our member's commitment to Bikeability, the future of Bikeability was raised, and a request to the DfT to consider providing some funding to enable TABS to widen its range of training / best-practice activities for Bikeability schemes was reviewed. TABS will shortly be submitting this request.

Earlier in September David Dansky met Stephen Hodge from *Riders on the Hill* – the equivalent to the All Party Parliamentary Cycling Group in Australia. He was very interested to know more about Bikeability, TABS and the national cycling standards and is considering including Bikeability & TABS on the agenda for a conference in Brisbane next year.

At the end of August TABS attended a meeting to provide advice to Keith Irvine – the recently appointed CEO of Cycling Scotland - who is interested in establishing a Quality Assurance regime. There is also a potential follow up meeting in London on 2<sup>nd</sup> October to continue discussions of joint interest relating to Bikeability.

TABS met with the Bikeability Support Team on Wednesday 3<sup>rd</sup> September. It was agreed that TABS would provide feedback/industry guidance, via consultation with the ITOs and schemes, on the following issues:

- Limits for PCA (how the recommended 6 months could be enforced and the merits of doing so)
- The ITO Post Course assessment form
- The review of both the Quality Assurance and the Internal Assurance process
- Industry guidelines for the 80/20 rule The Bikeability Support Team has asked for feedback on the Delivering Inclusive Cycle Training Training Guidance – [click here to download it](#). **Q. Are there any improvements that would make it more useful?**

If schemes would also like to provide comment on any of the topics above please contact Isobel – [isobel@tabs-uk.org.uk](mailto:isobel@tabs-uk.org.uk) or post your comments on the TABS Forum.

**If you have any issues that you would like TABS to raise with the Support Team and/or the DfT at their next meetings, please send them through to [isobel@tabs-uk.org.uk](mailto:isobel@tabs-uk.org.uk) (see also Item 6 – TABS FORUM)**

***Don't forget:*** If you have any campaigns, meetings, news that you'd like to share please contact us. And TABS forum has a place for you to discuss issues around [cycling training, policy and safety issues](#)

## 3. RESEARCH

**Update on 2014 and the 2015 Bikeability School Travel Surveys:** Last month TABS wrote out to all the local authorities involved with both in-house delivery and commissioning of Bikeability, inviting them to provide details of schools in their area, plus a headed letter from the council addressed to schools encouraging them to take part in the Bikeability School Survey 2015. TABS also engaged Transport for London and Cycling Scotland to promote the survey to local authorities and schools in the capital and north of the border  
TABS had a really encouraging response. By September, Michael Frearson had received expressions of interest from 40 local authorities (both members and non-members of TABS). A late surge of enquiries from London has resulted in a relaxation of the survey timescales to ensure schools have enough time to register for by 27 September and carry out the survey in October 2014. The survey will be repeated in June 2015 in order to collect longitudinal data.

Michael is preparing the 2014 Bikeability School Travel Survey report, supported by the University of Plymouth. Based on data supplied by 1345 pupils in 23 schools in March 2014, the report is due for release at the end of September.

**Ebike training modules:** The university in Brighton together with some local trainers have made great progress with developing a training (and trainer-training modules) based on research with e-bikes. They are keen to develop this and wish to insure that this research works to help people who perhaps would not get on a normal bike. TABS are currently talking to the University of Brighton researchers about collaborating on a CPD trainer training module/guidance that could be included with other Bikeability CPD materials. TABS will be meeting in December to discuss this further.

## 4. TRAINING & QUALITY IMPROVEMENT

### Video Training for Driving Instructors

Carlton Reid has invited TABS to collaborate in the making of a series of short, pertinent driving instructor videos from a cycling perspective, for distribution to UK driving instructor trainers, as well as appearing on the Driving Instructor website. TABS Directors, Michael Frearson and David Dansky are advising Carlton to ensure the cycling shown in the videos is based on the National Standard. Filming of adults, children and family groups cycling with traffic in Cambridge will take place at the end of September, hosted by Outspoken Training.

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### TABS WEBSITE – additions

There is now updated text on the [Membership page](#) explaining the value of TABS members. Next month TABS will be writing to commissioning Local Authorities to draw their attention to the commitment that TABS members have to quality of training and the future of Bikeability.

There is also a [new page outlining current training / CPD courses](#) being offered. TABS will be keeping this updated with details of news courses, as we receive information on them.

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### Training Courses

**CTUK** will be running the following courses in October/November: Internal QA day on **21<sup>st</sup> October** in London. See link [here](#) and Refresher training day on **Wed 5<sup>th</sup> November** at CTUK in London see [here](#)

**Pedal Ready** is running the following CPD course re. teaching adults to ride a bike for the first time. This course is aimed at National Standards Instructors who want to work on the technique for teaching adults who cannot ride. By the end of the course, participants should have had an opportunity to discuss the barriers adults face when trying to learn to ride a bike for the first time, to look at how a trainer can help the learner to overcome those barriers, to practice delivering a learn to ride training session to other course participants, to consider risk assessment on a learn to ride session

Date: Wednesday 22<sup>nd</sup> October 2014 10am – 3:30pm Venue:Scotia Works, Leadmill Road, Sheffield. S1 4SE.  
Cost: £50 To book contact: [admin@pedalready.co.uk](mailto:admin@pedalready.co.uk) / 0114 2412775 / [www.pedalready.co.uk](http://www.pedalready.co.uk)

For details of current course available visit: <http://www.tabs-uk.org.uk/training-courses/>

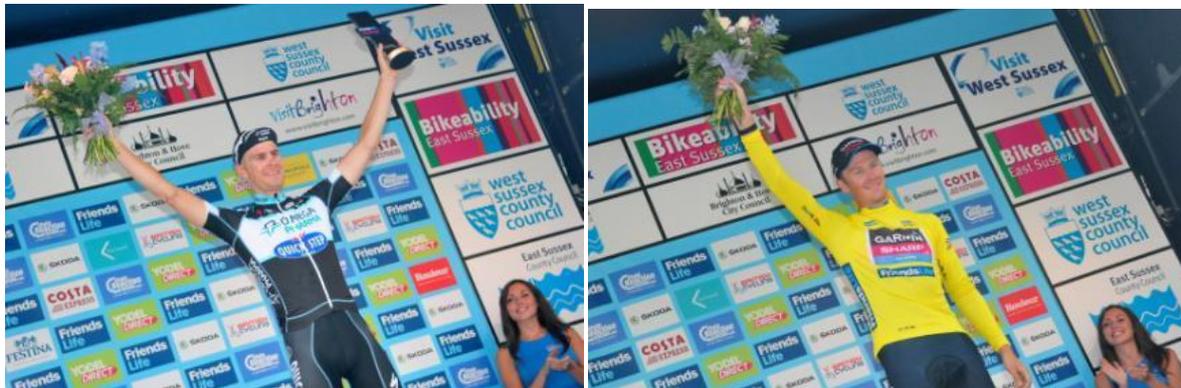
**Don't forget:** if you have any courses/training you would like to publicise, or thoughts on training requirements etc. please contact: [isobel@tabs-uk.org.uk](mailto:isobel@tabs-uk.org.uk)



- Registration page – information encouraging schemes to join
- There is a recommendation in Welcome to Bikeability letter that schemes join TABS
- There is a recommendation in Annual Registration Renewal letter that schemes join TABS
- In the notification of grant letter to Local Authorities there is a recommendation that they join TABS

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**Tour of Britain promotes Bikeability!**



*Tour of Britain 2014 – winners of Stage 7 in Brighton (spot the Bikeability panels!)*

**Please do continue** to send in information about any achievements, successes, challenges, case studies you’ve experienced so we can share this with other members. **If anyone has managed to train any more MPs or high-profile persons please let us know!**

***Don’t forget:*** If you want other colleagues to receive this newsletter directly send their email address(es) to: [isobel@tabs-uk.org.uk](mailto:isobel@tabs-uk.org.uk)

**6. TABS FORUM**

**Guidance on DBS duration**

This paper was discussed at the ITO meeting on 15<sup>th</sup> September. A revised paper is being produced & will be circulated shortly to all members for consultation. To add any comments now, please see the thread on the Forum about the duration of DBS @ <https://tabs.microco.sm/conversations/1594/>

**QUESTION CORNER**

If you have questions or topics for discussion that you would like either the DfT, the Bikeability Support Team, the ITO Group or the TABS Board to consider there is now a dedicated thread on the Forum where you can post your question(s) either @: <https://tabs.microco.sm/conversations/253202/> (for ITO Group) or @ <https://tabs.microco.sm/conversations/253203/> Or you can email: [isobel@tabs-uk.org.uk](mailto:isobel@tabs-uk.org.uk) directly. Answers will be published in the newsletter, on the Forum and on TABS website.

***Don’t forget:*** do let all your instructors that the forum is there for them to ask questions, generate debate around Bikeability issues. And if you send Isobel ([isobel@tabs-uk.org.uk](mailto:isobel@tabs-uk.org.uk)) their emails we will send them an invite to join along with log-in details.

## 7. PR/MARKETING

### Some recent stories about Bikeability in the news

- <http://www.southlondontoday.co.uk/news.cfm?id=27395&headline=%E2%80%98Cycling%20safely%20should%20be%20on%20the%20curriculum%E2%80%99>
- <http://warwickshireschools.co.uk/2014/09/free-level-1-bikeability-training-opportunity/>

**NB** – there is a page on TABS website where we can add good news stories. See: <http://www.tabs-uk.org.uk/brilliant-bikeability-positive-stories-about-bikeability/> Send to: [isobel@tabs-uk.org.uk](mailto:isobel@tabs-uk.org.uk)

## 8. AOB / Dates for Diary

### Dates to note:

- **Cycling Scotland Conference 2014** – 13-14<sup>th</sup> November – TABS director, Michael Frearson will be speaking at this conference about the Bikeability Research – titled ‘Bikeability and Beyond’. The overall conference will comprise of cycling study tours (starting at 13.30) followed by an evening civic reception in the Glasgow City chambers. The following day will be the main conference itself at the Sir Chris Hoy Velodrome in Glasgow. (finishing at 16.30)
- **Active Travel Wales conference** – September 25<sup>th</sup>, 2014 (Cardiff) – TABS has been invited to talk about the results of the pupil travel survey - ‘*What difference does Bikeability training make to children’s cycling?*’ Michael Frearson will be presenting on the benefits of cycle training for getting children to cycle more, and providing some insights into what children think would make cycling more enjoyable based on the 2014 Bikeability school travel survey results. Most seem to want a better bike, or just a more comfortable saddle (saddle manufacturers take note)!
- **TABS / Bikeability Support Team meeting:** 3<sup>rd</sup> November – items to raise welcomed!
- **National Road Safety Conference** – 26-27<sup>th</sup> November 2014 in Brighton:  
<http://www.roadsafetygb.org.uk/conference/index.php>
- **Road Safety Week** 17-23<sup>rd</sup> November, 2014: <http://www.roadsafetyweek.org.uk/>
- **TABS Board meeting:** Thursday 11<sup>th</sup> December 2014 (10.30am – 1pm), hosted by Cycle Training UK at their offices in south London.
- **ITO meeting:** Thursday 11<sup>th</sup> December 2014 (1.30pm – 4pm), hosted by Cycle Training UK.

Do use Twitter to share your thoughts: **@TABSBikeability** If you have anything you would like included in the OCTOBER newsletter (for example, special achievements, news items, training events, topics for discussion) please contact: [isobel@tabs-uk.org.uk](mailto:isobel@tabs-uk.org.uk) by **Friday 10<sup>th</sup> OCTOBER 2014**.

If you would like to either **unsubscribe** from this mailing list, or would like to suggest other contacts to receive it please contact: [isobel@tabs-uk.org.uk](mailto:isobel@tabs-uk.org.uk) If you would like a pdf copy sent please also ask. And, of course, any comments or queries please do get in touch. Thank you.

Isobel Stoddart (*Development Manager, TABS*), 19th September 2014