

Training children to

cycle



What is Bikeability?

- Bikeability is 'cycling proficiency' for the 21st century, designed to give the next generation the skills and confidence to ride their bikes on today's roads
- To find out more about Bikeability training and locate a scheme near you visit bikeability.org.uk



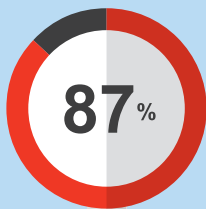
Who are TABS?

- The Association of Bikeability Schemes (TABS) was established in 2011 to become the industry body for all those who are engaged in the many aspects of cycle training
- TABS is a membership body with over 130 organisations including the UK's major cycling groups, Bikeability schemes, local authorities and School Games Organiser Host Schools.
- The core aims of TABS are to raise the profile of Bikeability, creating a single forum for discussion and consultation with Government agencies and key stakeholders on all aspects of cycle training, plus lobbying to help secure the long term future of Bikeability

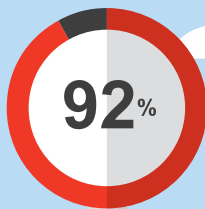


The Association of Bikeability Schemes (TABS)

www.tabs-uk.org.uk info@tabs-uk.org.uk



87% OF CHILDREN feel **more confident** about riding their bike more often after Bikeability*



92% OF PARENTS feel that their **child's confidence** for cycling on-road is higher after Bikeability training*

*MORI 2010



SINCE 2006

1.5 million

children have **participated in Bikeability**

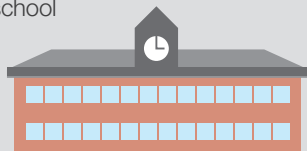
CURRENTLY ONLY



of Year Five children (approx. 275,000) can **access Bikeability** training at their school



CYCLING is the **most popular activity** amongst children outside of school



"My son finished his beginner bike training today... and I just wanted to say how much he enjoyed it. He is now riding independently and is really pleased with himself! The trainers were excellent and I will definitely recommend the training to other parents."

"It's brilliant being on our bikes and being with your friends."

"THANK YOU... for giving me the gift of safety whilst cycling. I will never forget the fun that I had."

Bikeability contact details:

tabs
tabs-uk.org.uk