

2016 TABS CONFERENCE: WORKSHOP DESCRIPTIONS

SESSION B		
WORKSHOP 1	IQA session	The content will be determined by what workshop delegates want to discuss - <u>please email isobel@tabs-uk.org.uk with your suggestions</u>
WORKSHOP 2	A good look at Level 3	An exploration, drawing on case studies, of how to engage with, and liaise with schools, the planning, risk assessments, best use of time, top tips for teaching the outcomes, what to include etc.
WORKSHOP 3	How to support / mentor new NSI's	This will focus on mentoring/development - tips for level 1,2,3 and the new IQA course, and ensuring that instructors are delivering as well as possible to ensure Bikeability's success.
WORKSHOP 4	Exploring how instructors and schemes can maximise the impact Bikeability has upon schools and their pupils.	Exploring how instructors and schemes can maximise the impact Bikeability has upon schools and their pupils, including links to the curriculum, ethos and health outcomes of schools. Please consider how you worked with schools in a cross curricular way and be prepared to share.
WORKSHOP 5	How to integrate children with special learning needs into training sessions	This session will look at how to ensure inclusivity for everyone, so that everyone can participate fully to achieve Level 2 regardless of learning difficulties. First half of workshop will focus on looking at case studies of what has been done and what has gone wrong, with the remaining time brainstorming on the issues for schemes.
WORKSHOP 6	Moving groups	This session will discuss approaches to moving groups.
WORKSHOP 7	Promoting Bikeability - the brand	Interactive session providing practical guidance / tips on how to make the best use of marketing opportunities to promote Bikeability to local/national media, and so in turn promote one's own scheme.
WORKSHOP 8	Bikeability Plus Good Practice Delivery - Bikeability Balance, Bikeability Learn to Ride, and Bikeability Parents	This workshop will explore best practice in delivery of these three/four Bikeability Plus modules from the experiences of the providers involved in the pilot, and will be an opportunity for people to ask questions regarding their own potential delivery.

WORKSHOP 9	How physical literacy in early years can contribute to whole school outcomes	A closer look at physical literacy and links to EYFS framework
SESSION C		
WORKSHOP 10 REPEAT	How to support/Mentor new NSIs (REPEAT)	This will focus on mentoring/development - tips for level 1,2,3 and the new IQA course, and ensuring that instructors are delivering as well as possible to ensure Bikeability's success.
WORKSHOP 11	National Standards & Infrastructure	A look at the latest developments in cycling infrastructure both in London and across the regions with a view to assessing how these function to enhance the experience of cycling (or not). This will include how to train people to use this infrastructure when teaching the outcome: 'Decide where cycle lanes can help a journey & demonstrate correct use'.
WORKSHOP 12 REPEAT	A good look at Level 3 (REPEAT)	An exploration, drawing on case studies, of how to engage with, and liaise with schools, the planning, risk assessments, best use of time, top tips for teaching the outcomes, what to include etc.
WORKSHOP 13 REPEAT	Exploring how instructors and schemes can maximise the impact Bikeability has upon schools and their pupils.	Exploring how instructors and schemes can maximise the impact Bikeability has upon schools and their pupils, including links to the curriculum, ethos and health outcomes of schools. Please consider how you worked with schools in a cross curricular way and be prepared to share.
WORKSHOP 14	Professional development for instructors	Discussion around how the professional development of instructors can be managed in a predominantly freelance environment and how we 'value' instructors
WORKSHOP 15	Monitoring and Evaluation session	The workshop will give an update on research about the effectiveness of cycle training, and provide an opportunity for participants to discuss how different Bikeability schemes monitor and evaluate their impact.

WORKSHOP 16	Bikeability Plus Good Practice Delivery - Bikeability Promotion, Bikeability On Show, Bikeability Ride, Bikeability Bus	This workshop will explore best practice in delivery of these three/four Bikeability Plus modules from the experiences of the providers involved in the pilot, and will be an opportunity for people to ask questions regarding their own potential delivery.
WORKSHOP 17 REPEAT	IQA session (REPEAT)	The content will be determined by what workshop delegates want to discuss - please email isobel@tabs-uk.org.uk with your suggestions
SESSION D		
WORKSHOP 18	Choosing and using our words and language effectively for best practice Bikeability delivery	This session will examine the effects of our choice of language in a learning environment. Participants will consider the power and effects of words and language, in order to improve communication, aid swift and enjoyable learning, thereby providing a positive learning experience for trainees, Warning – this session may contain role play! Preparation: Delegates could consider examples of when they have explained something really well, or managed a challenging group well, or observed another instructor doing so, and bring the example with them to the workshop.
WORKSHOP 19 REPEAT	National Standards & Infrastructure (REPEAT)	A look at the latest developments in cycling infrastructure both in London and across the regions with a view to assessing how these function to enhance the experience of cycling (or not). This will include how to train people to use this infrastructure when teaching the outcome: 'Decide where cycle lanes can help a journey & demonstrate correct use'.
WORKSHOP 20 REPEAT	Promoting Bikeability - the brand (REPEAT)	Interactive session providing practical guidance / tips on how to make the best use of marketing opportunities to promote Bikeability to local/national media, and so in turn promote one's own scheme.

WORKSHOP 21	Using video to help with training delivery (Level 3)	The aim of the course is to help participants develop a much clearer understanding of the delivery and assessment requirements for level 3 training. Course participants will discuss the many facets of level 3 training, watch some clips of level 3 riding, before video analysing, against the National Standard observable outcomes, some pre-selected footage. Course content will include: detailed exploration of level 3 delivery, a closer look at the observable outcomes and teaching models for level 3, Course times and ratios, watch footage of level 3 manoeuvres, video analyse some level 3 manoeuvres. Note: This is suitable for anyone who is delivering level 3 training to adults
WORKSHOP 22	STARS – how Bikeability fits into this cycling promotion programme	Drawing on case studies from STARS schools around the country, this session will explore how STARS is used to promote cycling to school, how cycle training fits within that alongside information, promotion and infrastructure, and what lessons can be learnt.
WORKSHOP 23 REPEAT	How physical literacy in early years can contribute to whole school outcomes (REPEAT)	A closer look at physical literacy and links to EYFS framework
WORKSHOP 24	Bikeability Plus Good Practice Delivery - Bikeability Recycled, Bikeability Fix, Bikeability Transition	This workshop will explore best practice in delivery of these three/four Bikeability Plus modules from the experiences of the providers involved in the pilot, and will be an opportunity for people to ask questions regarding their own potential delivery.
WORKSHOP 25 REPEAT	How to integrate children with special learning needs into training sessions (REPEAT)	This session will look at how to ensure inclusivity for everyone, so that everyone can participate fully to achieve Level 2 regardless of learning difficulties. First half of workshop will focus on looking at case studies of what has been done and what has gone wrong, with the remaining time brainstorming on the issues for schemes.